

## Battle of the Mind

### Romans 7 & 8

*Why is it so hard to study or pray without our mind wandering...?*

*Satan does not want us to have fellowship with our Heavenly Father*

*Satan is a liar and deceiver, he starts in our minds*

*Propaganda in battle to spread lies, low speakers for confusion*

*Romans 8:4-9*

*<sup>4</sup> That the righteousness of the law might be fulfilled in us, who walk not after the flesh (drive in us that goes against God), but after the Spirit.*

*<sup>5</sup> For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.*

*<sup>6</sup> For to be **carnally minded is death**; but to be spiritually minded is life and peace.*

*Battle constantly going on in our mind*

*<sup>7</sup> Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.*

*<sup>8</sup> So then they that are in the flesh cannot please God.*

*<sup>9</sup> But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.*

## Romans 12:2

*And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

### **Program our thinking**

*According to research we have around 6,000 thought a day...*

*There is a myth that we have about 75,000 thoughts a day but there is no research to prove it.*

*They have found that this idea may have begun with a motivational speaker. That just throughout a number because it made his narrative move impressive.*

*I find that very interesting... That is the way a lot of false teaching of God's word gets started. Something sounds more intriguing so others run with that teaching it as truth. When it is backed nowhere in scripture.*

*So how are we to know what sound doctrine is and what is not.*

### 2 Timothy 2:15

*Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.*

1 John 4:1

Beloved, believe not every spirit,  
but **try the spirits** whether they are of God:  
because many false prophets are gone out  
into the world.

*"Try" "to prove with a view to  
approving,"*

*So of these 6000 thoughts per day, how many of them are  
productive and healthy?*

*Are they based on truth, Or are they false information  
Are they encouraging positive results or negative  
Do they cause fear and confusion or*

2 Timothy 1:7

*For God hath not given us the spirit of fear; but  
of power, and of love, and of a **sound mind**.*

1 Corinthians 14:33

*For God is not the author of confusion, but of  
peace, as in all churches of the saints.*

*The opposite*

James 3:16

*For where envying and strife is, there  
is confusion and every evil work.*

Ephesians 4:23

*And be renewed in the spirit of your mind;*

**Our relation to others**

Philippians 2:1-5

*If there be therefore any consolation in Christ, if any  
comfort of love, if any fellowship of the Spirit, if any bowels  
and mercies,*

*<sup>2</sup> Fulfil ye my joy, **that ye be likeminded**, having the same  
love, being of one accord, of one mind.*

*<sup>3</sup> Let nothing be done through strife or vainglory; but in  
**lowliness of mind** let each esteem other better than  
themselves.*

*<sup>4</sup> Look not every man on his own things, but every man also  
on the things of others.*

*<sup>5</sup> Let this mind be in you, which was also in Christ Jesus:*

**Our pass**

Philippians 3:13-15

*<sup>13</sup> Brethren, I count not myself to have apprehended: but  
this one thing I do, **forgetting those things which are  
behind, and reaching forth unto those things which are  
before**,*

*<sup>14</sup> I press toward the mark for the prize of the high calling of  
God in Christ Jesus.*

*<sup>15</sup> Let us therefore, as many as be perfect, be thus minded:  
and if in anything ye be otherwise minded, God shall reveal  
even this unto you.*

## **Our view toward God**

*Philippians 4:6-9*

*<sup>6</sup> Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.*

*Start the day early in prayer and supplication being thankful*

*Why do you think battles are often started in the very early morning... to catch the enemy off guard*

*<sup>7</sup> And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.*

*<sup>8</sup> Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*

*<sup>9</sup> Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.*

*Paul's battle of the mind*

*Romans 7:15-25*

*<sup>15</sup> For that which I do I allow not: for what I would, that do I not; but what I hate, that do I.*

*<sup>16</sup> If then I do that which I would not, I consent unto the law that it is good.*

*<sup>17</sup> Now then it is no more I that do it, but sin that dwelleth in me.*

*<sup>18</sup> For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not.*

*<sup>19</sup> For the good that I would I do not: but the evil which I would not, that I do.*

*<sup>20</sup> Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me.*

*<sup>21</sup> I find then a law, that, when I would do good, evil is present with me.*

*<sup>22</sup> For I delight in the law of God after the inward man:*

*<sup>23</sup> But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.*

*<sup>24</sup> O wretched man that I am! who shall deliver me from the body of this death?*

*<sup>25</sup> I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.*

*We cannot win the battles in our mind without*

*Knowing we live our lives in a constant battle against evil*

*Knowing the word of God*

*The leadership of the Holy Spirit*

*Starting the day in prayer and supplication and being thankful*

*Letting go of our pass*

*A proper view of God*